



WHAT'S NEW

"Fall" Back to School With Healthy Eyes

Summer's over and the kids are back to school. Did you know that more than 20% of school-age kids have vision problems? Kids with undiagnosed vision issues are more likely to [struggle in the classroom](#), experiencing difficulty with reading, headaches, frustration and low self-esteem. Give your child a head start on the school year by getting their [eyes checked](#) by their VSP provider.

Diabetes impacts nearly 24 million Americans of all ages, and for kids diagnosed with Type 1 diabetes, school can present extra challenges. Visit Disneyfamily.com's [Type 1 Diabetes](#) Resource Center for tips to help your family manage [back to school](#) after diagnosis.

Looking for more information about diabetes and diabetes-related diseases? Visit our [Diabetes Discovery Center](#) at The Center on vsp.com.

MONTHLY OBSERVANCES

October 2011 – Children's Health Month

[Annual Eye Exams: As Important as Visits to the Pediatrician](#)

Undetected vision problems in childhood can lead to problems at school, sports and other activities. Learn why annual eye exams are so important for kids and how an early diagnosis can help a child for a lifetime.

November 2011 – Diabetic Eye Disease Month

[Diabetes Discovery—Via the Eyes](#)

Did you know that as many as 24,000 people lose their sight each year to diabetes and diabetic retinopathy? A routine eye exam can uncover the earliest symptoms of disease.

PLAY GAMES AND MORE IN THE **KIDS' ZONE**

EYE VIDEO



Diabetic retinopathy is the medical term for damage to your blood vessels in your eyes due to diabetes.

Watch our [video](#) to learn more about this diabetes-related disease.

Check out The Center for more eyecare information