



## 6K Race & 1K Walk for Helena's Youth – Saturday, August 27, 2011

Come join the Montana Attorney General's Office and the Helena Police Department in helping purchase running shoes for Helena Youth!

Proceeds to benefit Helena youth through the Angel Fund *"Together we are changing the world one child at a time"*

### RACE DAY EVENTS

- **LIVE MUSIC!**
- **9:00 a.m. – 12:00 p.m.** – Educational displays, demonstrations, law enforcement equipment, and public safety resources for the general public in Memorial Park
- **8:30 a.m. – 9:45 a.m.** - Packet Pickup and Late Registration
- **9:45 a.m.** - Race Announcements
- **10:00 a.m.** - 6K Walkers Start
- **10:15 a.m.** - 6K Runners Start
- **11:00 a.m.** - 1K Walkers and Runners Start

### REGISTRATION

- **Online registration** will be accepted at [www.racemontana.com](http://www.racemontana.com) until August 26<sup>th</sup> (*No transaction fee*)
- **Mail registration to:** The Angel Fund, c/o Helena Police Department, Administration, 221 Breckenridge, Helena, MT 59601 (*Checks payable to The Angel Fund*) – Accepted until August 22, 2011
- **On Site Registration:** Friday, August 26, 2011 5:00 p.m. – 7:00 p.m. (Memorial Park near pool)
- **Late-Registration:** Saturday, August 27, 2011

### PACKET PICKUP

- Early packet pickup will be at Memorial Park near the pool on Friday, August 26<sup>th</sup> from 5:00p.m. -7:00 p.m. Packets can also be picked up on race morning between 8:30 a.m. -9:45 a.m.

### TIMING

- Perfect Timing will be in charge of IPICO chip timing and will post results online at [www.racemontana.com](http://www.racemontana.com), [www.fastfinishes.com](http://www.fastfinishes.com) and [www.coolrunning.com](http://www.coolrunning.com). Please wear your bib clearly on the front, and only cross the finish once.  
**\*\*6K participants are responsible for chip costs if not returned(\$20)\*\***

### RACE FEES

Race	Cost	Registration
1K Family run/walk	Free (No shirt)	No registration required
6K Run/Walk	\$20 ea. or Family rate* of \$55 (Includes t-shirt)	Online registration till 8/26/11 ( <i>No transaction fee</i> ) Mail-in registrations accepted until 8/22/11 On-site registration 5-7 pm on 8/26/11
<b>6K (late registration)</b>	<b>\$30 or Family rate* of \$65</b>	<b>Late registration on race day 8:30-9:45 a.m. (shirt not guaranteed)</b>

\*The family rate is \$55 for 3-7 people who are related living under one roof. If registering online, **the Race organizers are paying the online service fee!** Runners pay registration fee as advertised!

### COURSE

- Details to be found at <http://www.ci.helena.mt.us/home.html>

### AWARDS *(Award ceremony immediately following the 1K)*

- Overall 6K Race Winners  
Top male and female runners will receive a coupon for a free pair of running shoes from **Tread Lightly** in Helena.
- 6K Age Group Winners:  
Top three male and female runners in each age group will receive a special commemorative gift. (5-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+)
- Overall 6K Walk Winners  
Top male and female walkers will receive a special commemorative gift.

## **ENTRY FORM**

(One form per person)

**To Register** Go online at [www.perfect-timing.org](http://www.perfect-timing.org) (credit card accepted)

**OR**

Send check or money orders (US Funds only) payable to: **The Angel Fund**

### **Mail to:**

Helena Police Department  
Administration  
221 Breckenridge  
Helena, MT 59601

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Age on Race day: \_\_\_\_\_ Birthdate: \_\_\_\_\_ E-mail \_\_\_\_\_

Mailed registrations and fees must be received by HPD no later than 12:00 p.m. on August 22nd, 2011 in order to be accepted.  
Online registration will be available through August 26, 2011.

### **Race Registration:**

6K Run \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_  
6K Walk \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_  
1K Run/Walk \_\_\_\_\_ No Cost for 1K (No Shirt)

Additional Shirt Purchases: \_\_\_\_\_ (\$12.00 ea) Amount Enclosed: \$ \_\_\_\_\_

T-SHIRT SIZE(S): \_\_\_\_\_ YM \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL

RACE RELEASE: In consideration of your acceptance of this race entry, I for myself, my heirs, executors, administrators and assigns, forever release and discharge any and all rights, demands, claims for damage and causes of suit or action known or unknown, that I may have against Running for Montana's Future and any and all race sponsors and the directors, officers, employees and agents of such parties, for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in the race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race.

Signature \_\_\_\_\_ (parent for child under 18) Date \_\_\_\_\_

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Please detach and mail entry form only (Portion above line)

### **Running for Montana's Future**

**DATE:** Saturday August 27, 2011

**TIME:** 6K Walkers start at 10:00 a.m., 6K Runners start at 10:15 a.m., & 1K starts at 11:00 a.m.

**PLACE:** Memorial Park, Helena, MT

**REGISTRATION:** Race Day **late** registration is from 8:30 a.m. to 9:45 a.m. at Memorial Park (\$30 for 6K or \$65 family)

Questions? Call 406-447-8479 or e-mail: [djeseritz@ci.helena.mt.us](mailto:djeseritz@ci.helena.mt.us)

# 6 K Race Route

1 inch = 750 feet

