

What people are saying

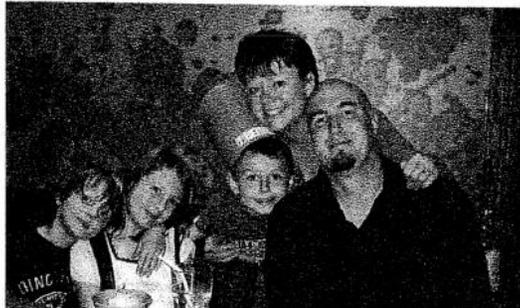


Maximized Living has changed my entire life. I have lost over 90 pounds and the weight keeps coming off. Maximized Living has changed my belief system about who I really am and helped me understand why I was eating in the first place.
Byron Bella, 35 years old

I am here to tell you there really is hope out there. I am living proof. Maximized Living pulled me out of a deep pit of depression. They saved my life, my job, and my family.

Our lives are 100% better than they were 1 year ago.

Hank Henningsen & Family



Maximized Living Makeover



LEARN
The 5 Essentials
for living a
MAXIMIZED LIFE!

Normal blood pressure! More energy! No more joint pain and no more unrealistic eating plans and toxic food! This is my program for life and I will keep improving from the inside out! Shelly Bracken, Age 35 Lost 90 lbs.



Where will you be at 80?
on a CRUISE SHIP or in a NURSING HOME?

TAKE CONTROL
of your health and your life

PREVENT & REVERSE
sickness and disease

CHOOSE
a food plan that works for life

LOSE WEIGHT
by exercising only
12 minutes at time in your own home

ELIMINATE
toxic exposures
that are making you sick

FEATURED BOOK:



Dr. Michael McClain
406-443-8060
www.vitalenergychiropractic.com
October 30th from 1-4pm at
St. Paul's United Methodist Church

YOU CAN DO IT TOO!

SIMPLE • EASY • SUSTAINABLE • LIFE CHANGING

The 5 Essentials



ESSENTIAL #1: Maximized Mind

This is the foundation for all the others. You must first get your mind right, and change the software you are running on in order to make permanent change.



ESSENTIAL #2: Maximized Nerve Supply

This Essential is the very essence of how well you body is currently functioning and healing. Without it, you can never reach your full God-given potential. It is the missing link in healthcare today.



ESSENTIAL #3: Maximized Nutrition

Nutrition is an integral part of health, wellbeing, and longevity. Unfortunately, the Standard American Diet has led us down a path that has caused more sickness and disease than ever before.



ESSENTIAL #4: Maximized Oxygen & Lean Muscle

Motion is life. This essential is often neglected because people don't have the time or energy to apply it. Learn how to get in the shape of your life in just minutes a day.



ESSENTIAL #5: Minimized Toxins

Due to the toxic onslaught that we are faced with every day from our environment, our food supply, amalgam fillings, mold, etc. Many people are just unable to properly detoxify.

What will you learn?

How to Guarantee a Spot on the Ship

Cruise Director: Maximized Living

- Identify limiting beliefs and break through barriers once and for all.
- Discover your secret weapon: a Maximized Mind.
- Overcome genetic predispositions.
- Learn how to get your body functioning at 100%
- Establish a titanium immune system
- Defy aging and healthy & vibrant into your 80's.
- Acquire the secrets to weight loss, balancing hormones, and boosting your metabolism
- Lose 10 pounds FAST with 2 weeks of Meal Plans & Grocery Lists.
- Learn which superfoods can accelerate your results and bring you optimal nutrition.
- Find out how to exercise less and get in the shape of your life with surge training.
- Become a lean, mean, fat burning machine.
- Stop poisoning your family! Identify the Toxic Top 5 and how to avoid them.
- Discover the solutions to living in a toxic world!

Will you end up here?

Or here?