

# Lunch & Learn

Register to win a gift certificate to the  
Real Food Market & Deli

## Financial Wellness

*Start the new year with a “be healthy” financial  
check up!*

### Topics we'll cover:

How finances affect our mental & physical health  
Ways finances affect our job  
Ideas on how to become financially fit

**All City & County  
employees welcome!**

**Lunch is provided!**  
**Wednesday, February 20<sup>th</sup>**  
**12 noon – 1:00 pm**  
**Location:**  
**City-County Room 326**

RSVP to Morgan Maynard-Dixon, HR Benefits Specialist  
at [mmaynard-dixon@helenamt.gov](mailto:mmaynard-dixon@helenamt.gov) or 406-447-8333  
Register by Tuesday, February 19th

