



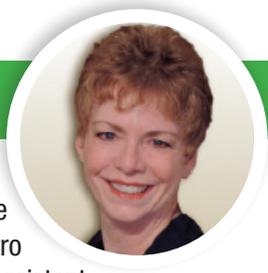
Sitting Disease

Tuesday
May 13th
10:30am MT/
11:30am CT/
12:30pm ET

**How many hours a day do you spend seated?
At work? On the couch?**

You may be suffering from **Sitting Disease!**
You will learn more about sedentary behavior related to your health and simple ways to get you moving more!

Meet the Provider • Christi Cooley, PA-C



Christi began her career in healthcare after graduating from North Carolina as a Licensed Practical Nurse. Returning to school, she graduated from Front Range Community College as a Registered Nurse practicing in the Emergency Department and day surgery in the Denver Metro area. She again returned to school graduating from the University of North Dakota as a Physician Assistant with a focus on family medicine.

Christi and her husband have three children and two grandsons. They enjoy spending time with family and friends, cooking, camping, hiking, and biking.

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