



## Employee Benefits Wellness Program

# Education Session

**When: Thursday, May 7<sup>th</sup>**  
**At 11:00 AM, 12:00 PM &**  
**1:00 PM**

**Where: Commission**  
**Chambers**

**Questions:**

1-800-425-6230 or  
healthsolutions@itstartswith  
me.com



**The session will include:**

- Incentives for 2015 based on outcomes and improvements
- Biometric health screening and health assessment opportunities
- Health behavior change
- Disease management
- Review of additional resources available